

7KTM

GO HOLIDAY! ³⁶
Discover Exotic Horizon

KATHMANDU 加德满都 | POKHARA 博卡拉 | NAGARKOT 纳加阔特

CAPTIVATING NEPAL



7D5N

魅力 尼泊尔



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**BUY 1
FREE 1**

Limited Seats

DAY 1: KUALA LUMPUR ✈️ KATHMANDU

🚗 (MOB)

✳️ Board on flight from Kuala Lumpur to Kathmandu and start your journey.

✳️ Upon arrival in Kathmandu, enjoy a warm welcome and transfer to your hotel. Settle in and take some time to relax, preparing for the exciting journey on the next day.

DAY 2: KATHMANDU – POKHARA

🚗 200km 🚗 (B/L/D)

✳️ **Kathmandu to Pokhara:** Drive to Pokhara for 7-8hours. Pokhara, nestled in the heart of the Himalayas, Pokhara is one of Nepal's most picturesque and enchanting destinations.

✳️ **Beer factory:** En route to Pokhara, enjoy a beer factory tour with a complimentary glass of brewed beer.

✳️ **Village Walk Experience:** immerse yourself in the culture and discover timeless traditions.

DAY 3: POKHARA

🚗 (B/L/D)

✳️ **Phewa Lake:** Take a gentle boat ride across the calm waters, gazing at the Himalaya peaks reflected in the lake, where ripples and mountain shadows merge into a serene landscape.

✳️ **Shanti Stupa (World Peace Pagoda):** A serene Buddhist monument perched on a hilltop, offering panoramic views of Pokhara city, Phewa Lake, and the Annapurna mountain range.

✳️ **Davis Falls:** Known as Patale Chhango, this dramatic waterfall plunges into a hidden underground river.

✳️ **Gupteshwor Mahadev Cave:** Nepal's longest cave temple, dedicated to Lord Shiva and linked to Davis Falls.

✳️ **Bindhyabasini Temple:** Explore one of Pokhara's oldest Hindu temples dedicated to Goddess Durga, a spiritual site where devotees gather to offer prayers for peace, protection, and blessings.

✳️ **Lakeside street:** Stroll along Pokhara's lively lakeside district, filled with shops, cafés, and restaurants, a perfect place to relax, shop, and enjoy the city's vibrant atmosphere.

DAY 4: POKHARA ✈️ KATHMANDU – NAGARKOT

🚗 27km 🚗 (B/L/D)

✳️ **Pashupatinath Temple (UNESCO) :** Visit Nepal's most sacred Hindu temple complex

✳️ **Boudhanath Stupa (UNESCO) :** Walk around one of the world's largest stupas

✳️ **Local School:** Engage with students and experience community life.

✳️ Drive from Nagarkot to Kathmandu, enjoying the breathtaking sunset views along the way.

DAY 5: NAGARKOT– KATHMANDU

🚗 27km 🚗 (B/L/D)

✳️ After breakfast at the Nagarkot hotel, witness a breathtaking sunrise that paints the sky with golden hues, a serene moment to begin your day. For those seeking deeper relaxation and renewal, you may also join an yoga master class (at own expense), guided by an experienced instructor.

✳️ **Swayambhunath Stupa (UNESCO) :** Climb to the hilltop ‘Monkey Temple’ with panoramic views

✳️ **Thamel Street:** Stroll through vibrant shops, cafés, and local markets

✳️ **Patan Durbar Square (UNESCO) :** Explore the ancient royal square and fine

✳️ **Newari architecture Krishna Temple:** Admire the sacred stone temple dedicated to Lord Krishna

✳️ **Thangka Painting & Singing Bowl Therapy:** Experience traditional art and healing rituals.

✳️ **Dinner with Nepalese Cultural Show:** Enjoy authentic cuisine with folk dance and music.

DAY 6: KATHMANDU ✈️ KUALA LUMPUR

🚗 (B/OWN/MOB)

✳️ Spend your last moments in Kathmandu at leisure, with time to explore. Then transfer to the airport for your departure flight.

DAY 7: ARRIVAL KUALA LUMPUR

✳️ Arrival at Kuala Lumpur International Airport.

第 1 天：吉隆坡 ✈️ 加德满都

🚗 (机上用餐)

✳️ 搭乘国际航班从吉隆坡飞往加德满都。

✳️ 抵达加德满都后，专人接待并送往酒店。办理入住后可稍作休息，为翌日精彩的旅程做好准备。

第 2 天：加德满都 – 博卡拉

🚗 200km 🚗 (早/午/晚餐)

✳️ **加德满都前往博卡拉:** 博卡拉位于喜马拉雅山脉的中心，是尼泊尔最美丽、最迷人的目的地之一。

✳️ **啤酒工厂:** 前往博卡拉的途中，参观啤酒工厂，并享用一杯免费酿制啤酒。

✳️ **村庄漫步体验:** 沉浸于当地文化，探索历久弥新的传统。

第 3 天：博卡拉

🚗 (早/午/晚餐)

✳️ **费瓦湖:** 乘舟缓行，感受静泊湖心，极目远眺喜马拉雅巍峨雪峰倒映水中，波光与山影相融，境界清幽而意境悠远。

✳️ **和平塔:** 坐落于山顶的佛教白色佛塔，象征世界和平。这里不仅能俯瞰博卡拉市区与宁静的费瓦湖，更可远眺雄伟的安娜普尔纳雪山。

✳️ **德维瀑布:** 尼泊尔语称 Patale Chhango，意为“冥界瀑布”，位于博卡拉斯基地区。奔腾的溪水直泻入地下暗河，形成神秘而壮观的自然奇景。

✳️ **古普特什沃尔·马哈德夫洞穴:** 是尼泊尔最长的洞穴，也是供奉湿婆神的神圣洞穴庙宇，内有石灰岩奇观，并与戴维瀑布相通。

✳️ **宾迪亚巴西尼寺庙:** 在神圣的印度庙宇祈福供奉女神宾迪亚巴西尼，被视为博卡拉的守护神，当地最古老、最受尊崇的印度教庙宇之一。

✳️ **博卡拉Lakeside步行街:** 购物与艺术于一体，随意徜徉，便能邂逅地道风情与人文气息。

第 4 天：博卡拉 ✈️ 加德满都 – 纳加阔特

🚗 27km 🚗 (早/午/晚餐)

✳️ **帕舒帕提纳神庙 (UNESCO):** 尼泊尔最神圣的湿婆神庙群，印度教徒重要朝圣地。

✳️ **满园塔 (布达纳特佛塔) (UNESCO):** 佛教圣地，巨塔环绕108壁龛，供奉佛陀与菩萨。

✳️ **当地校园社区:** 走进校园，与学童互动，感受教育的热情与活力。

✳️ 从纳加阔特开车前往加德满都，沿途欣赏壮丽的日落美景。

第 5 天：那加阔特 – 加德满都

🚗 27km 🚗 (早/午/晚餐)

✳️ 早餐后，于纳加阔特酒店静赏瑰丽日出，金色霞光洒满天际为您的一天揭开宁静而美好的序幕。若您渴望更深层的舒展与心灵的焕新，可自费参加由资深导师带领的瑜伽课程，在自然怀抱中重拾平衡与能量。

✳️ **斯瓦扬布纳特佛塔 (猴庙) (UNESCO):** 尼泊尔最古老佛塔之一，白色圆顶、金色尖塔与佛眼象征智慧。

✳️ **泰美尔大街:** 漫步多彩商铺、咖啡馆与本地市集。

✳️ **帕坦杜巴广场 (UNESCO):** 古城核心，汇聚精美新瓦丽建筑、宫殿与神庙，被誉为艺术瑰宝。

✳️ **克里希纳神庙:** 由整块石材建造的宏伟庙宇，供奉印度教克里希纳神。

✳️ **唐卡绘画与颂钵疗法:** 体验传统艺术与身心疗愈。

✳️ **尼泊尔文化晚宴:** 享用地道美食，欣赏民族舞蹈与音乐表演。

第 6 天：加德满都 ✈️ 吉隆坡

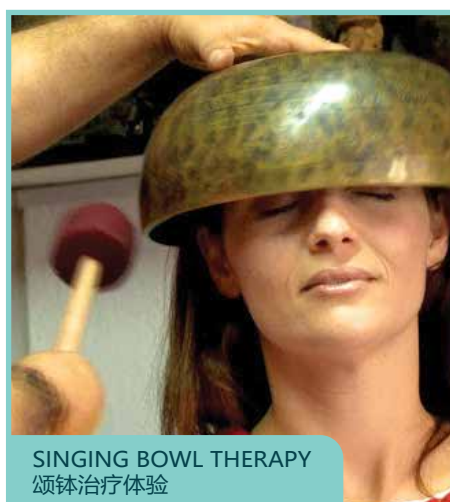
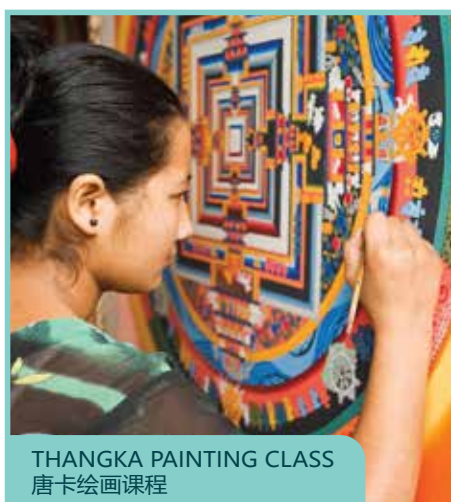
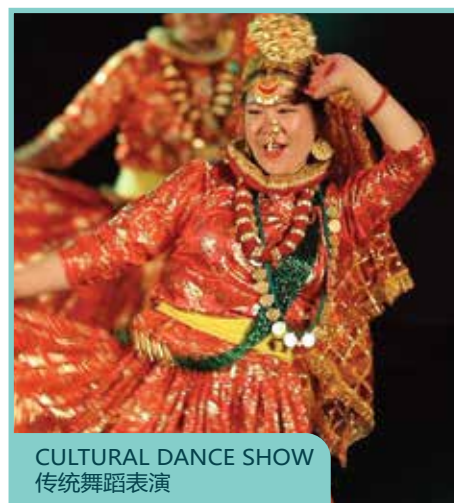
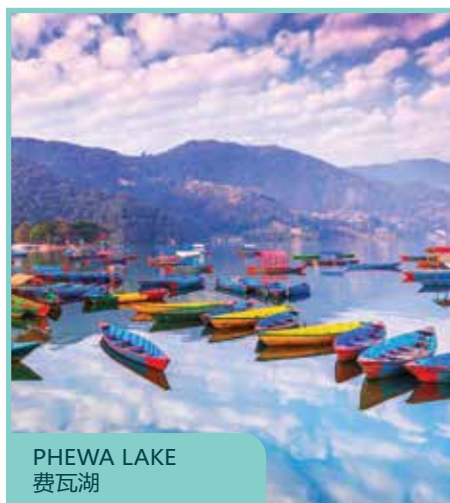
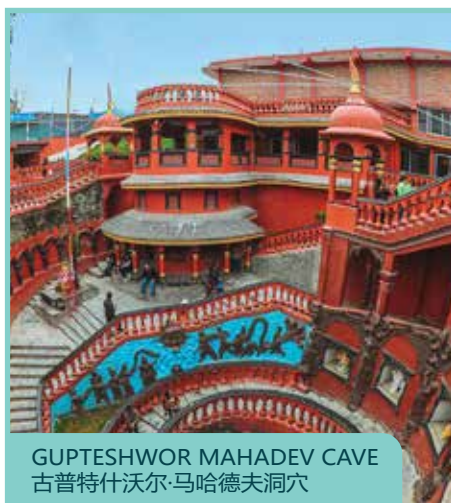
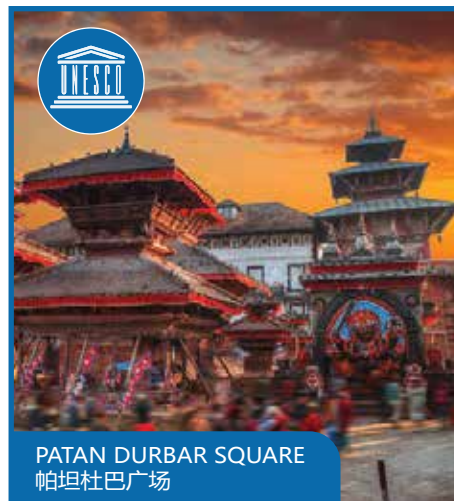
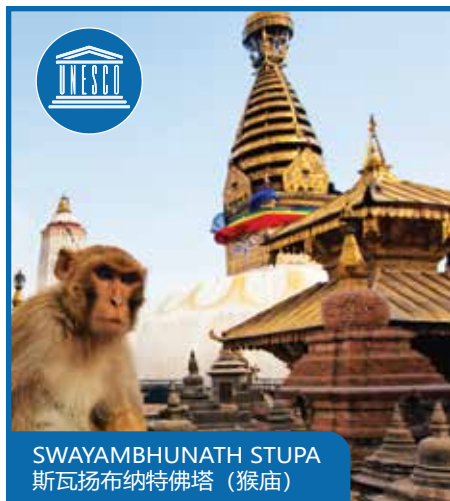
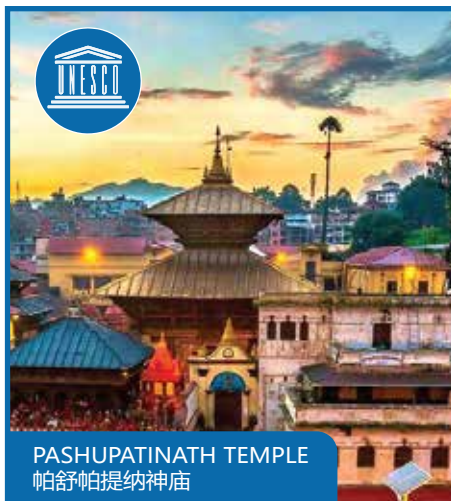
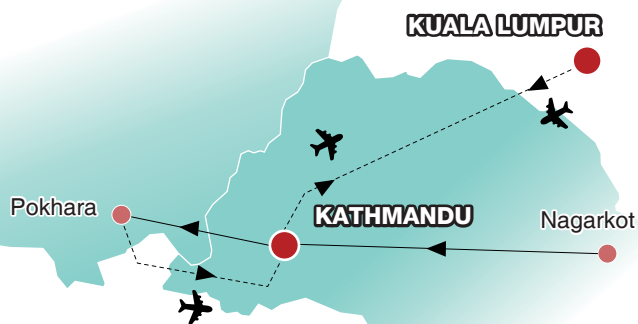
🚗 (早/自理/机上用餐)

✳️ 在加德满都享受最后的悠闲时光，可自由探索，随后前往机场。

第 7 天：抵达吉隆坡

✳️ 抵达吉隆坡国际机场，结束愉快旅程。

MAP ROTATION 行程地图



ACCOMMODATION 住宿



@ Hotel Landmark Pokhara



@ Hotel Country Villa



@ Hotel Crowne Imperial

LOCATION 地点	4 ★ LOCAL HOTEL 本地酒店	STAY 住宿
POKHARA 博卡拉	Hotel Landmark Pokhara (OR SIMILAR)	2 Nights 晚
NAGARKOT 纳加阔特	Hotel Country Villa (OR SIMILAR)	1 Night 晚
KATHMANDU 加德满都	Hotel Crowne Imperial (OR SIMILAR)	2 Nights 晚

ESTIMATED FLIGHT SCHEDULE 预计航班时间

DAY 天数	FLT NO 飞机型号	ROUTES 航班路线	ETD 预计出发时间	ETA 预计抵达时间	DURATIONS 预计飞行时间
DAY 1	TBA	KUL - KTM			4 HRS 45 MINS
DAY 4	TBA	PKR - KTM			30 MINS
DAY 6 / 7	TBA	KTM - KUL			4 HRS 45 MINS

ESTIMATED TEMPERATURE 预计温度

LOCATION	SPRING (MAR - MAY)	SUMMER (JUN - AUG)	AUTUMN (SEP - NOV)	WINTER (DEC - FEB)
POKHARA	18 / 33 °C	26 / 33 °C	16 / 30 °C	8 / 20 °C
NAGARKOT	12 / 26 °C	18 / 26 °C	11 / 26 °C	2 / 18 °C
KATHMANDU	23 / 27 °C	18 / 28 °C	13 / 25 °C	3 / 19 °C

TERMS & CONDITIONS 备注

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- Unless otherwise specified by request, tours are conducted in English.
- Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines in case if there is any hike if any of these fee without notice by the authorities.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.

- Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its control.

- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of Tour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such cancellation.

- It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.

- Itinerary Sequence is subject to Final hotel confirmation and shall be updated 30 days before departure.

Deposit / Tour Payments

A non-refundable deposit must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.

- Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.
- Cancellation of booking must be made in writing. Deposit will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.

UPDATED DATE: 29 AUG 2025

CONTACT US NOW!